

## 3D-0D closed-loop model for the simulation of cardiac electromechanics

**Roberto Piersanti<sup>1\*</sup>, Christian Vergara<sup>2</sup>, Luca Dedè<sup>1</sup> and Alfio Quarteroni<sup>1,3</sup>**

<sup>1</sup> Modellistica e Calcolo Scientifico (MOX), Dipartimento di Matematica, Politecnico di Milano, Milan, Italy (roberto.piersanti@polimi.it)

<sup>2</sup> LaBS, Dipartimento di Chimica, Materiali e Ingegneria Chimica “Giulio Natta” Politecnico di Milano, Milan, Italy

<sup>3</sup> Mathematics Institute (*Professor Emeritus*) ’Ecole Polytechnique Fédérale de Lausanne, Lausanne, Switzerland

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Over the years, cardiac computational models have been developed with increasingly biophysical details, by taking into account the interacting physical phenomena contributing to the heart function - electrophysiology, active contraction, mechanics and fluid dynamics. Even though some area of heart modeling reached a certain level of maturity, whole heart models are a far-reaching endeavour and are still in their infancy. In this work, we provide a detailed fully-coupled multiscale mathematical and numerical model of cardiac electromechanics (EM) of the whole human heart. Two crucial factors for accurate numerical simulations of cardiac EM are: i) reconstructing the muscular fiber architecture that drives the electrophysiology signal and the myocardium contraction; ii) accounting for the interaction between the heart and the circulatory system, that determines pressures and volumes loads in the heart chambers. In this work, we present a 3D whole heart EM model coupled with a 0D closed-loop model of the whole cardiovascular system, that addresses the two former crucial factors. Our whole heart 3D-0D model includes a detailed myocardial fibers architecture, simulates the electrophysiology, the mechanical activation and the mechanics of ventricles and atria, and is strongly coupled with a 0D-closed loop model of the whole cardiovascular system. We present a unified mathematical framework, based on Laplace-Dirichlet-Rule-Based-Methods, to prescribe myocardial fibers orientation in computational full heart geometries. Moreover, we provide a biophysically detailed 3D EM model coupled with a 0D closed-loop lumped parameters model for the haemodynamics of the whole circulatory system. Finally, we show physiological EM simulations, on a realistic whole heart geometry, using the 3D-0D model.

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